



apollo bay surf lifesaving club inc.

Surf Rescue Certificate (SRC) Course Schedule 2016-17

Date	7:00am	8:45am	9:15am	9:45am	10:30am	11:00am	11:30am - 12pm
28/12/16	Water Session (Run Swim Run, Rescues, Carries, etc)	Breakfast supplied by Club.	Club orientation and course introduction.	The Human Body	Patient Assessment/Primary Survey	Resuscitation	Theory books/questions/revision
29/12/16	Water Session (Run Swim Run, Rescues, Carries, etc)	Breakfast supplied by Club.	Surf Awareness and Skills	Resuscitation	First Aid	Communications - signals etc.	Theory books/questions/revision
31/12/16	Water Session (Run Swim Run, Rescues, Carries, etc)	Breakfast supplied by Club.	Rescue Theory	Safety and Wellbeing	First Aid	Resuscitation	Theory books/questions/revision
2/1/17	Water Session (Run Swim Run, Rescues, Carries, etc)	Breakfast supplied by Club.	Patrols and Beach Management	Communications/signals	First Aid	Resuscitation	Theory books/questions/revision
3/1/17	Water Session (Run Swim Run, Rescues, Carries, etc)	Breakfast supplied by Club.	Oxygen/Defibrillator Awareness	First Aid	First Aid/Revision	Revision	Theory books/questions/revision
4/1/17	Practice Assessment/Revision Day.						
5/1/17	Assessment for Surf Rescue Certificate course. 7am - 11 :30am Presentation Evening BBQ from 6:30pm at Club House. Includes Patrol allocation for newly qualified members.						

Meet at The ABSLSC Clubhouse before 7:00am with wetsuits on, ready for the water activities. We will be getting in the water at 7 each day, so be on time! Finish time is at 12:00pm, unless advised otherwise.

Contacts – Josh Cooper, joshcooper585@gmail.com, 0430 563 822
 Billy Bernet billybernet1234@gmail.com
 Evelyn Lyons evielyons1@outlook.com