

NIPPER LESSON 6

Time	U8 - Surf Aware 1	U9 - Surf Aware 2	U10 - Surf Safe 1	U11 - Surf Safe 2	U12 - Surf Smart 1	U13 - Surf Smart 2
8:45 - 9:30				Lesson 14: Cameron Relay	Lesson 16: Beach Flags	Lesson 12: Run-Swim-Run
9:30 - 10:10	Lesson 10: Swim & Wade	Lesson 7: First Aid Lesson 11: Beach Sprint & Relay	Cameron Relay	Review Lessons 1-8	Run-Swim-Run	Lesson 15: Beach Flags
10:10 - 10:50	Lesson 9: Board	Surf Race Wade Race	Beach Flags	Run-Swim-Run	Cameron Relay	Review Lessons 1-10
10:50 - 11:30	Lesson 7: First Aid Lesson 11: Beach Sprint & Relay	Cameron Relay	Surf Race Wade Race	Beach Flags	Review Lessons 1-10	Lesson 16: Cameron Relay
11:30 - 12:00	BBQ & Presentation	BBQ & Presentation	BBQ & Presentation	BBQ & Presentation	BBQ & Presentation	BBQ & Presentation
U13 PARENTS & NIPPERS CLEANING ROSTER						
Key	Swim Area U8-U9	Board Area U8-U9	Beach Flags Area	Beach Sprints Area	Lawn Area	Clubhouse
	Swim Area U10-U13	Board Area U10-U13				