



NIPPER LESSON 2

Time	U8 - Surf Aware 1	U9 - Surf Aware 2	U10 - Surf Safe 1	U11 - Surf Safe 2	U12 - Surf Smart 1	U13 - Surf Smart 2
8:50 - 9:25				Beach Flags	Board Relay	Lesson 12: Swim - Surf Race
9:25 - 10:05	Lesson 5: Surf Conditions & Hazards Lesson 11: Beach Sprint & Relay	Lesson 9: Board	Lesson 8: Rescue Techniques Swim and Wade	Lesson 3: Ecosurf Lesson 4: Surf Conditions & Hazards	Lesson 16: Beach Flags	Lesson 11: Board Relay
10:10 - 10:45	Lesson 10: Swim & Wade	Lesson 5: Surf Conditions & Hazards Lesson 11: Beach Sprint & Relay	Lesson 9: Board Lesson 10: Board	Lesson 12: Swim Wade Race	Lesson 5: Health & Wellbeing Lesson 7: The Human Body	Lesson 15: Beach Flags
10:50 - 11:25	Lesson 9: Board	Lesson 10: Swim & Wade	Lesson 5: Surf Conditions & Hazards Beach Flags	Lesson 11: Board Relay	Lesson 14: Swim	Lesson 4: Health & Wellbeing Lesson 6: The Human Body
U9 PARENTS & NIPPERS CLEANING ROSTER						
Key	Swim Area U8-U9	Board Area U8-U9	Beach Flags Area	Beach Sprints Area	Lawn Area	Clubhouse
	Swim Area U10-U13	Board Area U10-U13				